

## Writing Lesson: Expressive and Reflective Writing

Expressive	Reflective
<ul style="list-style-type: none"> <li>• Personal Writing</li> <li>• Writer shares thoughts, feelings, and questions using:               <ol style="list-style-type: none"> <li>1. sensory details</li> <li>2. dialogue</li> <li>3. internal monologue (thinking)</li> <li>4. realistic descriptions of setting and characters</li> <li>5. strong adjectives</li> <li>6. figurative language (similes, metaphors, etc.)</li> <li>7. strong feelings and emotions</li> </ol> </li> <li>• Usually written in first-person point of view</li> <li>• It shows the author's voice</li> <li>• The author tells the reader how he or she feels</li> </ul>	<ul style="list-style-type: none"> <li>• Personal writing, but moves beyond retelling an experience</li> <li>• Explores how the particular experience has shaped the writer</li> <li>• Goal is NOT to share final thoughts on a topic, but...</li> <li>• Explores and discovers new thoughts and feelings</li> <li>• Writer often looks at the past as a means of looking to the future by:               <ol style="list-style-type: none"> <li>1. reflecting on how you now feel about the events</li> <li>2. exploring how your feelings and thoughts have changed</li> <li>3. searching for new understandings you may have regarding the event</li> <li>4. discovering that maybe you will never do "this" because of "that" <b>or</b> you will become a "this" because of that</li> </ol> </li> </ul>