

## Sentence Starters

One way to help you use reflection in your writing is to use a sentence starter like the one below.

I appreciate \_\_\_\_\_ because of \_\_\_\_\_.

Some examples:

I appreciate writers because it is risky to share your thinking.

I appreciate quiet because I rarely experience it.

I appreciate questions because I know that you are trying to learn.

I appreciate my children because I know they will be grown and on their own soon.

Other sentences starters you may use to help you use reflection in your writing:

I really wish I hadn't \_\_\_\_\_.

I remember trying to learn \_\_\_\_\_.

Once, I almost \_\_\_\_\_.

The best thing I ever did was \_\_\_\_\_.

One lesson I have learned the hard way was \_\_\_\_\_.



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